Blue Knights Baseball Camp 2015 Dates: 1st Session: June 22-26 Friday – Rain Date 2nd Session: July 20 – 24 Friday – Rain Date

Time: 9am – 12pm Cost: \$ 150 (\$100 for each additional player from same family) Register for both sessions for \$ 260 <u>Save \$ 40</u>

Ages: 6-13 **Location:** Southington High School Baseball Field

Individual instruction at each position Players grouped by age and ability Fundamental skills taught Four day camp (Friday rain day) Games played every day Slip –n-slide sliding practice Visit from "Rocky" Rock Cats mascot SHS players will help with instruction

Camp Director

Charlie Lembo Head Coach Southington High School Baseball Program (860)919-4658 DLembo@cox.net



Mission Statement

Each player will experience hands on instruction, concentrating on the games fundamental as well as the values of hard work, persistence, preparation, teamwork and sportsmanship. It is my goal that each camper develops a strong respect and love for the game.

Premier Pitching Camp

Add on camp for players who want to pitch.

Time: 8:15 am -9am **Cost:** \$ 40 Held before the regular camp

Specific pitching – types of pitches Proper mechanics Wind up/stretch Fielding the position

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Registration Form 2015