

## Why Attend the Blue Knight Football Clinic?

- Provides athletes with an opportunity to improve football related skills.
- Encourages athletes to compete in a positive environment.
- Allows athletes to develop social relationships through teamwork and team building activities.
- Introduces athletes to current SHS Football players and staff.

*I hereby authorize the staff of the Blue Knight Youth Development Football Clinic to act for me according to their best judgment in any emergency requiring medical attention. I know of no pre-existing condition or illness, which would effect my child's ability to participate fully. My child has a current physical that clears him/her for all physical activity. I further acknowledge that anyone associated with the Blue Knight Youth Development Football Clinic will not be liable for any damage from injury or illness sustained at the camp.*

Parent Insurance Carrier: \_\_\_\_\_

\_\_\_\_\_

Insurance Policy Number: \_\_\_\_\_

\_\_\_\_\_



**FOR: Students entering 3rd grade to 9th grade.**

**Coach Mike Drury  
21 Buckley Ave  
Bristol, CT, 06010**

Phone: 860-384-4518

E-mail: [mdrury90@gmail.com](mailto:mdrury90@gmail.com)



**SOUTHINGTON  
FOOTBALL  
Back2Back LL State  
Champions**

## BLUE KNIGHT YOUTH DEVELOPMENT FOOTBALL CLINIC



**DATES:  
JULY – 13-17**

**LOCATION:  
SOUTHINGTON  
HIGH SCHOOL**

**TIME:  
5-7:30 PM**

**FOR: Students entering 3rd  
grade to 9th grade.**

## CAMP DETAILS

### Mission Statement

The purpose of the Blue Knight Development Football Camp is to promote Southington Football and provide any and all athletes interested in football with the opportunity to improve their skills in a positive competitive environment.

### All Athletes will Receive

T-Shirts

Camp Certificate

Camp Awards

Skills Challenge Winners

Punt, Pass and Kick Winners

Hustle Award

Sportsmanship Award

Camp Staff

Current SHS Football Coaches

Current SHS Football Players



### What Athletes Should Bring

Cleats and sneakers everyday.

Athletic Shirt and Shorts.

Water (Will be provided as well)

Inhaler (If needed)

Positive Attitude!

### Daily Itinerary

4:30– Sign in/Registration and “Throw Around” with SHS Players.

5:00-5:10- Dynamic Warm-Up and Stretch

5:10-5:45– Offensive Individual Skills

5:45-5:50– Water Break

5:50-6:25– Defensive Individual Skills

6:25-6:30– Water Break

6:35-6:55– Special Teams Circuit/Line Competition

6:55 – 7:00 - Water Break

7:00 – 7:25 - Competitive Activity/Team Skills (Turf)

7:25-7:30- Coach Drury’s address and “Break”

**\*Please Fill Out and Detach Registration Form and Liability Waiver. Please include a check and make it out to “Mike Drury”**

**Send Forms and Payment to:**

21 Buckley Ave

Bristol, CT, 06010

**Or**

**Southington High School (c/o Athletic Department**

**720 Pleasant Street**

**Southington, CT, 06489**

## 2015 BLUE KNIGHT YOUTH FOOTBALL CLINIC REGISTRATION FORM

Athlete Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

Age: \_\_\_\_\_ Weight: \_\_\_\_\_

Current School Grade: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

T-SHIRT SIZE (youth/adult) \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

In case of emergency please notify:

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### **Registration and Cost**

- Register by July 3<sup>rd</sup>, 2015 - \$120

- Register after July 3<sup>rd</sup> - \$125

- Daily Rates - \$25