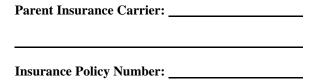
# Why Attend the Blue Knight Football Clinic?

- Provides athletes with an opportunity to improve football related skills.
  - Encourages athletes to compete in a positive environment.
- Allows athletes to develop social relationships through teamwork and team building activities.
- Introduces athletes to current SHS Football players and staff.

I hereby authorize the staff of the Blue Knight Youth Development Football Clinic to act for me according to their best judgment in any emergency requiring medical attention. I know of no pre-existing condition or illness, which would effect my child's ability to participate fully. My child has a current physical that clears him/her for all physical activity. I further acknowledge that anyone associated with the Blue Knight Youth Development Football Clinic will not be liable for any damage from injury or illness sustained at the camp.







FOR: Students entering 3rd grade to 9th grade.

Coach Mike Drury 21 Buckley Ave Bristol, CT, 06010

Phone: 860-384-4518 E-mail: mdrury90@gmail.com



# BLUE KNIGHT YOUTH DEVELOPMENT FOOTBALL CLINIC



<u>DATES:</u> JULY – 13-17

LOCATION: SOUTHINGTON HIGH SCHOOL TIME: 5-7:30 PM

FOR: Students entering 3rd grade to 9th grade.

## **CAMP DETAILS**

#### **Mission Statement**

The purpose of the Blue Knight
Development Football Camp is to
promote Southington Football and
provide any and all athletes
interested in football with the
opportunity to improve their skills
in a positive competitive
environment.

#### All Athletes will Receive

**T-Shirts** 

**Camp Certificate** 

**Camp Awards** 

**Skills Challenge Winners** 

**Punt, Pass and Kick Winners** 

**Hustle Award** 

**Sportsmanship Award** 

Camp Staff

**Current SHS Football Coaches** 

**Current SHS Football Players** 



## **What Athletes Should Bring**

Cleats and sneakers everyday.

**Athletic Shirt and Shorts.** 

Water (Will be provided as well)

Inhaler (If needed)

**Positive Attitude!** 

### **Daily Itinerary**

 $4\!:\!30\!-\!$  Sign in/Registration and "Throw Around" with SHS Players.

5:00-5:10- Dynamic Warm-Up and Stretch

5:10-5:45- Offensive Individual Skills

5:45-5:50- Water Break

5:50-6:25- Defensive Individual Skills

6:25-6:30- Water Break

6:35-6:55- Special Teams Circuit/Line Competition

6:55 - 7:00 - Water Break

7:00 - 7:25 - Competitive Activity/Team Skills (Turf)

7:25-7:30- Coach Drury's address and "Break"

\*Please Fill Out and Detach Registration Form and Liability Waiver. Please include a check and make it out to "Mike Drury

#### **Send Forms and Payment to:**

21 Buckley Ave

Bristol, CT, 06010

 $\underline{\mathbf{Or}}$ 

Southington High School (c/o Athletic Department

720 Pleasant Street

Southington, CT, 06489

#### 2015 BLUE KNIGHT YOUTH FOOTBALL CLINIC REGISTRATION FORM

Athlete Name:
Address:
City: Zip:
Telephone:
Age: Weight:
Current School Grade:
Parent/Guardian:
T-SHIRT SIZE (youth/adult)
Home Phone:
Cell Phone:
Email:
In case of emergency please notify:
Name:
Relationship:
Phone Number:
Registration and Cost

- Register by July 3<sup>rd</sup>, 2015 \$120
- Register after July 3<sup>rd</sup> \$125
- Daily Rates \$25