



Southington Public Schools
Athletic Department
High School
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Dear Parent(s) or Guardian(s):

Your son/daughter has expressed an interest in becoming a candidate for an athletic team in the Southington Public Schools. We require the completion and submission of the attached forms before your child may begin tryouts and practice:

- **The Sports Participation Permission form. (To be completed by the parent) (Parent Permission)**
- **The Student & Parent –Concussion Education Plan & Consent form for the upcoming year. (To be signed by BOTH the parent and the student-athlete)**
- **The Sudden Cardiac Arrest Education Plan Consent form for the upcoming year. (To be signed by BOTH the parent and the student-athlete)**
- **The State of Connecticut Department of Education Health Assessment Record. (To be completed by the physician and is only valid for 13 months)**

After the nurse receives these three proper forms, she will present a **yellow** card to the student. This card and a copy of the completed Sports Participation Permission form must be given to the coach by the student. The student will then be eligible to tryout and practice.

Forms are available in the Nurse's office. Students are advised to take care of the pre-season essentials early so that they are ready to start tryouts and practicing on the first day. Coaches are instructed to prohibit anyone from practicing who has not submitted the properly completed forms. **No student athlete will be able to participate in ANY tryouts, practice or game without the completed and updated Sports Participation Permission form and yellow card.**

If a student-athlete participating in intramural or interscholastic events will be carrying their (a) inhalant medications prescribed to treat respiratory conditions or (b) medication administered with a cartridge injector for students with a medically diagnosed allergic condition which may require prompt treatment to protect the student against serious harm or death, be sure to have the prescriber's **self-administration authorization box checked** on the student's MDI or EpiPen Medication administration Authorization Form. The medication forms are available from the school nurse or online on the SPS website at <http://www.southingtonschools.org/admin.cft?tab-1> under *Medication Administration Forms*.

The preceding requirements are in place so that we may provide a safe athletic experience for your child. Thank you for your cooperation in this matter. If you have any questions, please call the school nurse.